



Education:

- University of New Mexico (1992)
- Bachelors of Science in Physical Therapy
- USSF National "D" License
- ASTYM – Augmented Soft Tissue Mobilization Certification
- Dry needling - This is a technique physical therapists use for the treatment of pain and movement impairments.
 - The technique uses a "dry"needle, one without medication or injection, inserted through the skin into areas of the muscle.
- Sports Metrics - ACL Testing and Training Certification
- Speed and Agility Certification
- Certified Wellness Coach
- Complete Sports Nutrition Certification
- Certified Weightlifting Performance Coach
- National diploma with distinction for NSCAA
- Sports Performance Diploma United Soccer Coaches Association
- Certification for Rockpods (cupping)
- CAFS (Certified Applied Functional Science)
- Certification in Exercise Nutrition (PN-1)
- Concussion in Sports Certification
- CPR Certified

Coaching Experience:

- 7 year coaching/ training 05 Boy CCV STARS
- 12 year coaching/training 98 Boys CCV STARS Black
- 2 years coaching at Santos FC
- Physio at Sereno SC, Del Sol SC, and CISCO SC
- 3 years staff Coach at Sereno SC (86 Golden Eagles)
- 1 year staff Coach at CISCO SC (Potros)

Additional Information:

- Married 34 Years to Amber with 2 sons
- USSF National License
- Bachelors of Science in Physical Therapy
- Physical Therapy Specializes Certifications
- Physio Performance Specialized Certifications