



## Introduction

We would like to introduce ourselves to you and your clients as a different type of physical therapy and sports performance training center. We know that you and your patients have a choice when seeking treatment for their musculoskeletal dysfunctions and believe we can offer something different when it comes to their care.

EliteLevel P.T is dedicated to the advancement and enhancement of our clients' lives by providing a professional, personal, individualized and safe treatment environment to promote proper health and function using techniques based on the latest scientific and evidenced based methods.

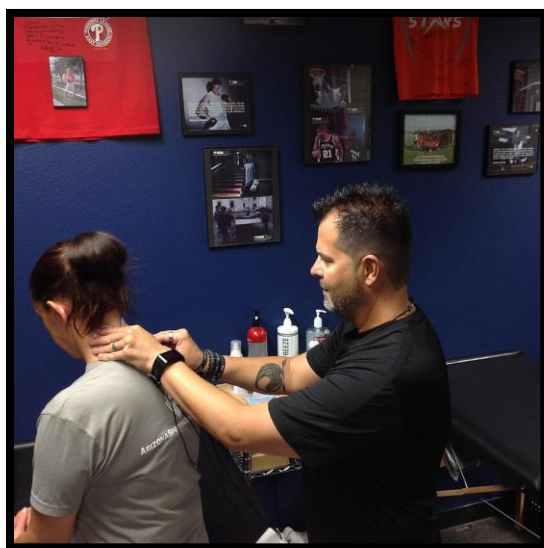
Each patient undergoes a thorough evaluation with a skilled and licensed physical therapist and is cared for by that therapist for entirety of their treatment plan. Each treatment plan is centered on what the patient's individualized needs are whether it be elimination of pain or enhancement of function/performance and mobility.

What really sets us apart from all the therapy companies and clinics in the valley is the ability to combine manual therapy techniques, functional training/treatment methods and modalities to not only expedite their recovery, but to improve their overall functional outcome when returning to their job tasks, activities of daily living or sport.

As a private practice, we are not relegated to having to see numerous patients at a time to meet corporate expectations. Therefore, we can give each patient the time, attention and care that they deserve and are seeking in their time of need.



When it comes to choosing a Physical Therapist, it is important to make sure they are qualified and have the expertise to help you.



Chris O'Donnell grew up the son of an Air Force Officer that allowed him to live throughout the US and Europe. He attended the University of New Mexico where he graduated with a Bachelor's in Science of Physical Therapy. He has special interest in sports rehabilitation and performance training due to his background in soccer. He is married

with two children and he enjoys many sports related activities such as soccer, cycling, reading, music and spending time with his wife and two sons.

### **Certifications**

- Bachelors of Science in Physical Therapy, University of New Mexico (1992)
- ASTYM – Augmented Soft Tissue Mobilization Certification
- Sports Metrics - ACL Testing and Training Certification
- Certified Wellness Coach
- Speed and Agility Certification
- Complete Sports Nutrition Certification
- AZ State coaches license for Soccer "D"
- National diploma with distinction for NSCAA

### **Affiliations**

- NSCAA- National Soccer Coaches Association of America
- APTA – American Physical Therapy Association
- Sports Medicine society of America

Don't let pain limit your potential and book your free evaluations today... We look forward to working with you and helping you reach your goals!



## Expectations of the client

Each patient/client can expect the highest in professionalism and expertise from our staff. Each staff member has certifications in order to provide the best care and training available. Continuing education is a priority for our staff to ensure that each patient/client is cared for as they would care for a family member.

Clients/patients can expect to undergo a thorough evaluation upon their first visit to ensure that nothing is missed during the treatment plan and all treatment plans are updated according to the patient's level of functional improvement. This ensures that patients are progressing, motivated and empowered during their time in therapy.

All therapy and training sessions are scheduled for no less than an hour. This is beyond what the industry standard has become and sets us apart from our competitors to ensure a positive and all encompassing experience for our clients.

Each client receives a program to take home that is designed for them to maintain their gains made in therapy and ideas on how to advance this program so that they can continue to improve. All are also encouraged to stay in contact with us for updates to their program or to address other issues that may arise in the future. We have clients that have seen us for a variety of soft tissue complaints over the years because they know that they will be cared for in a timely and professional manner.

All clients can expect that cost will be within industry standards, but that their financial commitment will not hinder their ability to focus. On what is important: their health. We do not accept insurances at this time, but this allows us to treat any and all patients without the limitations set by the insurance companies.

Finally, patients/clients can expect to see a therapist within 24 hours of their initial call. Of course this is dependent on the patient's time and schedule as well, but our goal is to eliminate that need to wait for care. It was important enough for the patient to call so it is important to us for the client be seen as soon as possible.