CHRIS O'DONNELL, PT – Director of Physical Therapy and Performance Training

Education:

- University of New Mexico (1992) Bachelor of Science in Physical Therapy
- NSCAA National Diploma with Distinction
- USSF National "D" License
- ASTYM – Augmented Soft Tissue Mobilization Certification
- Cert. Dry needling Level 1.
- Sports Metrics - ACL Testing and Training Certification
- Certified Speed and Agility Coach
- Certified Wellness Coach
- Complete Sports Nutrition Certification (Precision Nutrition Level 1, Cert. Exercise Nutrition)
- Certified Weightlifting Performance Coach
- National diploma with distinction for NSCAA
- Sports Performance Diploma United Soccer Coaches Association
- Certified Fascial Movement Taping Level 1
- Certification for Rockpods (cupping)/Flossing
- CAFS (Certified Applied Functional Science)
- Certification in Exercise Nutrition (PN-1)
- Concussion in Sports Certification
- Parisi Speed School Cert. in Anatomy of Speed
- Certified Sports Medicine Fitness Specialist
- Certified Sports Performance Coach (NSPA)
- Certified FMS 1
- Certified EXOS Phase 1 Mentorship
- Certified in Soccer Injury, Prevention and Return to Play (ISSPF)
- CPR Certified

Coaching Experience:

- 3-years coaching/training 2010 CCV STARS ECNL Boys
- 7-year coaching/ training 2005 Boy CCV STARS
- 12-year coaching/training 1998 Boys CCV STARS Black
- 2 years coaching at Santos FC
- Physio at Sereno SC, Del Sol SC, and CISCO SC
- 3 years staff Coach at Sereno SC (1986 Golden Eagles)
- 1 year staff Coach at CISCO SC (Potros)

Additional Information:

- Married 32 Years to Amber with 2 sons